

GRILLED CHICKEN WITH SHALLOTS, CHERRIES & ARUGULA

INGREDIENTS

- 1 Shallot (small) (halved) (lengthwise) (thinly sliced)
- 1 t Vinegar (red wine)
- 2 T Extra-virgin olive oil
- 1 lb Chicken (breasts)(2 halves)(boneless) (skinless)
Coarse salt & freshly ground black pepper (see note)
- 8 oz Sweet cherries (2 cups) (pitted) (halved)
- 1 C Arugula (baby)



DIRECTIONS

- 1 Combine shallot, vinegar & 1 T oil & set aside
- 2 Pre-heat grill to medium high
- 3 Drizzle remaining oil over chicken
- 4 Season with pepper
- 5 Toss shallot mix, cherries & arugula in a small bowl
- 6 Season with salt & pepper
- 7 Serve on top of the chicken

NOTES

Serves 2

SALT

- 1 Chicken is kashered utilizing salt
- 2 So you probably don't need to add any salt

