

# TURKEY HASH

## How to utilize your leftovers from Thanksgiving Dinner

### INGREDIENTS

- 2 T Healthy oil
- 1 Onion (medium) (chopped)
- 2 C Mashed potatoes
- 2 C Stuffing
- 2 C Turkey (cooked) (cut into 1/2-inch pieces)
- 1 C Vegetables (cooked) (coarsely chopped)
- 1/4 C Parsley leaves (fresh) (loosely packed) (chopped)



### DIRECTIONS

- 1 Place oil In large saute pan **OR** stir-fry pan on medium-heat
- 2 Add onion & cook (8 -10 minutes) **OR** until browned, stirring frequently
- 3 Stir in mashed potatoes, stuffing, turkey & vegetables
- 4 Cook 20 minutes, turning occasionally & pressing with spatula, until browned
- 5 Sprinkle with parsley

### NOTES

- 1 Serves 4
- 2 Serve with cranberry sauce