

CAESAR DRESSING PARVE

INGREDIENTS

- 1 C Extra virgin olive oil
- 1/2 C Lemon juice
- 1 can Anchovies (3 oz)
- 1 t Dijon mustard
- 1 t Worcestershire sauce
- 8 cloves Garlic (crushed)
- 1/2 t Pepper
- Tobasco to taste



DRESSING INSTRUCTIONS

- 1 Blend ingredients
- 2 Keep refrigerated



CAESAR DRESSING DAIRY

INGREDIENTS

- 1 C Yogurt (non-fat)
- 1/4 C Olive oil mayo (low fat)
- 2 cloves Garlic (crushed)
- 1/4 C Parmesan cheese (grated)
- 1/2 t Worcestershire sauce
- 2 t Lemon juice
- 1/4 t Salt
- Ground pepper to taste

DRESSING INSTRUCTIONS

- 1 Mix all ingredients In bowl or container with a lid
- 2 Whisk or shake all ingredients
- 3 Keep refrigerated



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