

GUACAMOLE SALAD

INGREDIENTS

- 16 oz** Tomatoes (1 pint) (grape) (cut in 1/2)
- 1** Yellow pepper (seeded) (diced 1/2 inch size)
- 1 can** Black beans (15 oz) (rinsed) (dried)
- 1/2 C** Red onion (small) (diced)
- 2** Jalapeno peppers (seeded) (minced)
- 1/2 t** Lime zest

DRESSING

- 1/4 C** Lime juice (requires 2 limes) (squeezed)
- 1/4 C** Extra virgin olive oil
- 1 t** Kosher salt
- 1/2 t** Black pepper
- 1/2 t** Garlic (minced)
- 1/4 t** Cayenne Pepper (ground)

- 2** Hass avocados (seeded)(peeled) (diced 1/2 inch size)

DIRECTIONS

- 1** Don't prepare the avocado until you follow instructions 2, 3 & 4
- 2** Place the vegetables, beans & lime zest in a bowl
- 3** Whisk all the dressing ingredients
- 4** Pour dressing over the vegetable bean mix & toss well
- 5** When you're ready to serve the salad, mix in the avocado & add it to the vegetable & bean mix
- 6** See if you need more seasoning & then serve at room temperature

